

THE PATH TO ZERO DISEASES



Why we want to build healthy companies



1 Health surveillance

Health surveillance of workers must be ensured from the moment they enter (pre-employment screening), periodically, and again when they leave (post-employment screening) for the timely detection of any change or alteration in their health.



2 Psychosocial Health

The company will also preventively address all issues related to mental health, managing appropriately the risk factors that may trigger them.



3 Absenteeism & Presenteeism

Absenteeism and presenteeism have an impact on the company's costs. Managing them is a way to promote healthy environments. To do so, the company must assess the causes of absenteeism and provide adequate conditions for a safe return to work.



4 Health Promotion: Nutrition and Physical Activity

The healthy company promotes healthy eating habits, physical activity and adequate sleep, as well as the prevention of drug and alcohol consumption. It also manages all common illnesses that result from workers' bad habits such as Noncommunicable Diseases (NCDs).



5 First Aid

If safety barriers are breached and accidents occur, the company must implement a timely response plan for this type of emergency in order to safeguard the lives of the workers as a priority.



6 Occupational diseases

According to the standards of each country, the healthy company must identify, report and address the causes of occupational diseases originating from its operations.